

Indiana School for the Blind and Visually Impaired

March 14, 2022 – March 18, 2022

MSHS Menu

Monday Breakfast

Cereal or Muffin, Yogurt, Fresh Fruit, Juice, Milk

Monday Lunch

Chicken Taquitos or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Roasted Corn, Pico de Gallo, Assorted Fruit, Fritos, Milk

Monday Dinner

Chicken Nuggets, Mac and Cheese, Vegetable, Fresh Fruit, Baker's Choice, Milk

Tuesday Breakfast

Cereal or Breakfast Bun, Cheese Stick, Fresh Fruit, Juice, Milk

Tuesday Lunch

BBQ Chicken Sandwich or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Baked Beans, Curly Fries, Assorted Fruit, Milk

Tuesday Dinner

Breakfast for Dinner, Vegetable, Fresh Fruit, Baker's Choice, Milk

Wednesday Breakfast

Cereal or Waffles, Sausage, Yogurt, Fresh Fruit, Juice, Milk

Wednesday Lunch

Pizza or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Cheesy Broccoli, Side Salad/Cherry Tomatoes, Assorted Fruit, Wednesday Snack, Milk

Wednesday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

Thursday Breakfast

Cereal or Breakfast Tornado, Yogurt, Fresh Fruit, Juice, Milk

Thursday Lunch

Mozzarella Meatball Sub or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Fries, Green Beans, Assorted Fruit, Milk

Thursday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

Friday Breakfast

Cereal or Cinnamon Roll, Scrambled Eggs, Cheese Stick, Fresh Fruit, Juice, Milk

Friday Lunch

Chicken Parmesan/Marinara or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Cucumber/Tomato Salad, Roasted Zucchini, Garlic Knot, Assorted Fruit, Friday Fun Treat, Milk

Sunday Dinner (In Dorms)

Personal Pizza, Carrot Sticks/Dip, Fruit Cocktail, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.**